



MAITLAND ZONE PSSA

<https://maitland.primarysport.com.au/>

Section 4.4 – Swimming Championship Rules and Regulations

Amended September 2021

4.4.1 General Carnival Rules

- (a) Each school is eligible to enter two (2) competitors for all individual events. Providing qualifying times have been met. Schools may enter one relay team per event.
- (b) Additional entries are considered where special circumstances occur.
- (c) Order of events will be provided to schools before the Carnival.
- (d) Each participating school must provide staff based on competitor numbers.
 - (i) Competitor numbers between 1 – 15: one teacher must attend to supervise students. If schools wish to arrange supervision with another small school this is at the responsibility of the schools to organise. If the combined schools' numbers are over 15 two staff must attend.
 - (ii) Competitor numbers between 16 – 30: two teachers must attend. One to officiate and one to supervise students.
 - (iii) Competitor numbers over 30: three staff are recommended to attend. One to officiate and two to supervise students. School principals may approve only one staff member to supervise students in this category.
- (e) Nomination close date will be decided at the term 4 general meeting of the prior year.
- (f) Nominations must be supplied in the document provided by the convenor. No other entry type will be accepted.
- (g) Once nominations have closed, substitutions or additions are not permitted. Extra nominations for an event will only be accepted after prior consultation with the Convenor and only under

Maitland Zone PSSA Swimming Championship Rules and Regulations

extenuating circumstances. All nominations must be submitted to the Convenor by the advertised closing date. No nominations will be accepted after this time.

- (h) Any competitor withdrawing from an event at the carnival for a reason other than documented medical reasons will be withdrawn from all events following on the day.

4.4.2 Age divisions and events

(a) Age divisions are:

- (i) 8 years, 9 years, 10 years, 11 years, 12 years, 13 years.
- (ii) Junior: 8 years, 9 years, 10 years.
- (iii) Senior: 11 years, 12 years, 13 years.

A competitor whose significant birthday occurs during the current year is eligible for that age event only. No competitor shall enter both junior and senior events, nor in two age events, including relays.

(b) Events are:

All age 100 metres freestyle: 8 years – 13 years.

50 metre Freestyle: 8 years, 9 years, 10 years, 11 years, 12 years, 13 years.

50 metre Breaststroke: Junior, 11 years, 12/13 years.

50 metre Backstroke: Junior, 11 years, 12/13 years.

50 metre Butterfly: Junior, 11 years, 12/13 years.

200 metres individual medley: Junior (8 -10 years), Senior (11 – 13 years).

4 x 50 metres Freestyle Relays: Junior, Senior, PP5, PP6.

Events are conducted in boys divisions and girls divisions.

4.4.3 Relays

- (a) 4 x 50 metre freestyle relays will be held in the following categories: Junior Boys, Junior Girls, Senior Boys, Senior Girls, PP5, PP6.

Maitland Zone PSSA Swimming Championship Rules and Regulations

(b) Team eligibility

- (i) In each relay event each school may enter one team.
- (ii) A boys team must consist of 4 boys from one school.
- (iii) A girls team must consist of 4 girls from one school.
- (iv) Competitors may only enter one relay event.
- (v) Schools eligible for the PP6 and PP5 relays are not eligible for any other relays.
- (vi) PP5: The PP5 must include students from schools with a total enrolment of more than 25 students but not exceeding 54 students. The combination of boys and girls in each team is to be decided upon by the individual school. All students in the team must be enrolled at the same school. The classification of the enrolment will be determined by the February staff return.
- (vii) PP6: The PP6 Relay must include students from schools with a total school enrolment not exceeding 25. The combination of boys and girls in each team is to be decided upon by the individual school. All students in the team must be enrolled at the same school. The classification of the enrolment will be determined by the February staff return.

4.4.4 Announcing of events

- (a) All Heats will be announced prior to the commencement of the event. Competitors must report promptly to the appropriate marshalling area. Events will be called a second time. Competitors who do not arrive after the second call will be disqualified.
- (b) All finalists for events will be posted outside the announcer's office as soon as possible after all heats in the event are completed. It is the responsibility of the competitors to check these lists.

4.4.5 Method of starting

- (a) The start in Freestyle, Breaststroke, Butterfly and Individual Medley races shall be with a dive from the diving platform or the wall or a competitor may start in the water.
- (b) The start in Backstroke races shall be from the water.

Maitland Zone PSSA Swimming Championship Rules and Regulations

- (c) The start in relay races shall be with a dive from the diving platform or the wall or a competitor may start in the water. For a swimmer starting in the water, the swimmers feet must be on the wall when the incoming swimmers hand touches the wall. The swimmer starting in the water must start on the left of the lane.
- (d) The starting signal shall be with a hooter or gun blast.
- (e) Any swimmer starting before the starting signal has been given, shall be given a warning. On the second occasion the swimmer shall be disqualified and be withdrawn from the event (this is at the discretion of the referee).

4.4.6 Finish

- (a) Competitors must remain in their lanes at the finish of each event until instructed to leave the water by the referee.

4.4.7 Placegetters and finals

- (a) All available lanes shall be utilised and places awarded on times. There will be no finals.
- (b) Age champions will be awarded medallions.
- (c) The school with the highest point score of the day shall be awarded champion school.

4.4.8 Coaching

- (a) Once competitors are in the hands of the officials controlling the event they are not to receive any coaching or advice. Penalty: Disqualification.

4.4.9 Protests

- (a) Protests must be made in writing by the Team Manager (who must be a teacher) and handed to the convenor within ten (10) minutes of the conclusion of the event.
- (b) Protests will be heard by the Protest Committee consisting of the Convenor/s and one (1) MZPSSA executive member.

Maitland Zone PSSA Swimming Championship Rules and Regulations

4.4.10 Qualifying times

(a) Competitors at these trials are expected to be good swimmers who are able to perform the strokes correctly and meet the following qualifying times:

| Event | Boys | Girls |
|-------------------------------|-------------|--------------|
| All Age 100m freestyle | 1.32.0 | 1.32.0 |
| 8 years 50m freestyle | 1.05.0 | 1.05.0 |
| 9 years 50m freestyle | 1.00.0 | 1.00.0 |
| 10 years 50m freestyle | 56.0 | 56.0 |
| 11 years 50m freestyle | 52.0 | 52.0 |
| 12 years 50m freestyle | 50.0 | 50.0 |
| 13 years 50m freestyle | 50.0 | 50.0 |
| Junior 50m breaststroke | 1.10.0 | 1.10.0 |
| 11 years 50m breaststroke | 1.05.0 | 1.05.0 |
| 12/13 years 50m breaststroke | 1.00.0 | 1.00.0 |
| Junior 50m backstroke | 1.02.0 | 1.02.0 |
| 11 years 50m backstroke | 1.00.0 | 1.00.0 |
| 12/13 years 50m backstroke | 58.0 | 58.0 |
| Junior 50m butterfly | 1.05.0 | 1.05.0 |
| 11 years 50m butterfly | 1.00.0 | 1.00.0 |
| 12/13 years 50m butterfly | 58.0 | 58.0 |
| Junior 200m Individual Medley | 4.30.0 | 4.30.0 |
| Senior 200m Individual Medley | 3.50.0 | 3.50.0 |

There are no qualifying times for relays.

Maitland Zone PSSA Swimming Championship Rules and Regulations

4.4.11 Selection of zone team for regional carnival

- (a) The zone team selection shall be in line with the qualifying requirements and nomination limits set by the Hunter School Sports Association. These will be made available to teaching staff each year.

4.4.12 Records

- (a) A swimming competitor equalling or bettering an existing record will be awarded a Record Certificate.